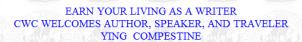
October 2004 Meeting

Click here to view photos of the event.







Multi-talented Ying Compestine is a renowned author, dynamic public speaker, and world traveler. She has written seven children's books, including *The Runaway Rice Cake* and *The Story of Chopsticks* and three cookbooks, most recently *Secrets from a Healthy Asian Kitchen*. Ying and her books have been featured on the Discovery Channel's Home Matters and HGTV's Smart Solutions. She is the food editor for Body & Soul magazine, and a regular contributor to the national magazines Cooking Light, Ski, Eating Well, Self, Men's Health, and Delicious Living. The author has lectured on a variety of subjects at writer's conferences and universities, aboard cruise ships, and on television and radio programs.

Ying was born in Wuhan, China. After earning a degree in English literature, she taught English and worked as an interpreter for the Chinese government. After relocating to the United States, Ying earned a master's degree in sociology from the University of Colorado. She taught sociology for eight years at colleges and universities in both the U.S. and China. Ying loves to write, cook, eat, and see new places. She has traveled to four continents.

Come to hear Ying Compestine share her secrets on how to be a productive writer and how to build a financially rewarding career. October 9 at Blake's at Boundary Oak in Walnut Creek. 11:30 for socializing.

If you want to see more about Ying Chan Compestine, visit her website - http://www.yingc.com

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